








# Lunch Menu Week 1



w/c 1st June	 Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	Chef choice	Chef choice	Chef choice	Chef choice	Chef choice
HOT MAINS	Wholemeal pizza, wedges & Beans 	Spanish Chicken Tray Bake with wholegrain rice & Green Beans	All Day Breakfast with brown Toast	Whole Spaghetti Bolognese with Salad & Garlic Bread	Fish Cake or Fish Fingers with Chips & Garden Peas
	Roasted Red Pepper Quiche with Salad 	Meat free burritos with Salad 	Tomato & Basil Paste 	Twice Baked Jacket Potatoes with Beans 	Welsh Rarebit with Salad 
CHEF SPECIAL	<b>Ask Chef about todays special!</b>				
DESSERT	Biscuits	Fruit Yogurt	Fresh Fruit Yogurt	Fruit Yogurt	Ice Cream

**Available Daily :** Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt.






Meat Free Monday

Please speak to a member of staff about dietary requirements.  
All menus are checked by a nutritionist and adhere to School Food Standards.

 Vegetarian  
 Vegan  
 Oily Fish

# Lunch Menu Week 2



w/c 8th June	 Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	Chef choice	Chef choice	Chef choice	Chef choice	Chef choice
HOT MAINS	Pizza 	Chinese Chicken Curry with Brown Rice & Green Beans & Prawn Crackers	Cucumber Sausage Slice with Wedges & Beans	Spaghetti & Bolognese	Fish Fingers with chips & Garden Peas 
	Cheesy Beans Pasta Bake 	Noodles 	Pork/Halal Sausage 	Vegan Jambalaya	Veggie fingers with Chips & Garden Peas 
CHEF SPECIAL	<b>Ask Chef about todays special!</b>				
DESSERT	Fresh Fruit Salad	Cookies	Fruit Yogurt	Sponge	Ice Cream Cheese & Crackers



Meat Free Monday









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 Vegan  
 Oily Fish

# Lunch Menu Week 3



w/c 15th June	 Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	Chef choice	Chef choice	Chef choice	Chef choice	Chef choice
HOT MAINS	Pizza Vegetarian Chilli with Rice & Tortilla Chips 	Curry & Rice	Chef Daniel's Beef & Bean Quesadilla with Salad	Breakfast	Fish Fingers with chips & Garden Peas 
	Broccoli & Cheese Pasta Bake 	Spring rolls Cherry Tomato Quiche with Salad 	Spaghetti & Bolognese 	Hash Beans Vegetable Biryani 	Sri Lanka Sweet Potato & Coconut Curry 
CHEF SPECIAL	<b>Ask Chef about todays special!</b>				
DESSERT	Fresh Fruit Salad	Biscuits	Spong Cake	Fruit Yogurt	Ice Cream Cheese & Crackers



Meat Free Monday









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 Vegan  
 Oily Fish

# Lunch Menu Week 4



w/c 22nd June	 Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	Chef choice	Chef choice	Chef choice	Chef choice	Chef choice
HOT MAINS	Vegan Ravioli in a Homemade Tomato Sauce with Crusy Bread 	Caribbean Jerk Chicken with Rice & Peas	Carbonara Whole-meal penne pasta Bake with Peas & Garlic Bread	Sausage & Mash with Carrots	Fish Fingers with Chips & Garden Peas 
	Vegetarian Chilli with Brown Rice 	Spanish Omelette with Salad 	Vegetables & Rice Enchiladas with Salad 	Hash Browns Vegetarian Sausage 	Veggie Sausage Rolls with Chips & Beans 
CHEF SPECIAL	<b>Ask Chef about todays special!</b>				
DESSERT	Cake	Fruit Yogurt	Fruit Yogurt	Shortbread	Ice cream



Meat Free Monday

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# Lunch Menu Week 5



w/c 29th June	 Monday	Tuesday	Wednesday	Thursday	Friday
<b>SOUP</b>	Chef choice	Chef choice	Chef choice	Chef choice	Chef choice
<b>HOT MAINS</b>	Tomato & Basil Pasta 	Chicken Nuggets with Chips	Caribbean beef curry with wholegrain rice	Chicken shawarma with wrap and salad	Fish Fingers or Tandoori Salmon with Chips Garden Peas
	Pizza 	Vegetable Paella 	Pesto Pasta 	Quorn Mince Cottage Pie with Peas 	Veggie Sausage Roll with Chips & Garden Peas 
<b>CHEF SPECIAL</b>	<b>Ask Chef about todays special!</b>				
<b>DESSERT</b>	Scones with Strawberries & Cream	Vanilla Cheesecake	Pineapple & Coconut Sponge Cake	Oat Cookies	Cheese & Crackers



Meat Free Monday








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 Vegan  
 Oily Fish

# Lunch Menu Week 6



w/c 6th July	 Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	Chef choice	Chef choice	Chef choice	Chef Choice	Chef choice
HOT MAINS	Cheesy Beans Pasta Bake 	Chef Daniel's Beef & Bean Quesadilla with Salad	Chicken Korma with Rice, Green Beans & Naan Bread	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread	Fish Cake or Fish Fingers with chips & Mushy Peas
	Pizza 	Breakfast 	Noodles 	Cheese & Onion Plate Pie with Peas 	Veggie Fingers with Chips & Mushy Peas 
CHEF SPECIAL	<b>Ask Chef about todays special!</b>				
DESSERT	Sponge Cake with Custard	Ginger Biscuits	Fresh Fruit Salad	Fresh Fruit	Ice Cream Cheese & Crackers



Meat Free Monday








**Available Daily :** Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt.

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 Vegetarian  
 Vegan  
 Oily Fish

# Lunch Menu Week 7



w/c 13th July	 Monday	Tuesday	Wednesday	Thursday	Friday
<b>SOUP</b>	Chef choice	Chef choice	Chef choice	Chef Choice	Chef choice
<b>HOT MAINS</b>	Broccoli & Cream Cheese Pasta Bake 	Jewel's Chicken Karahi with Wholegrain Rice & Green Beans	Cumberland Sausage Slice with Wedges & Beans Sausage	Beef Chilli Tacos with Tortilla Chips & Salad	Fish Fingers with Chips & Garden Peas
	Meat Free Burritos with Salad 	Vegetable & Lentil Stew 	Tomato & Basil Pasta 	Spaghetti Bolognese 	Veggie Sausage Roll with Chips & Garden Peas 
<b>CHEF SPECIAL</b>	<b>Ask Chef about todays special!</b>				
<b>DESSERT</b>	Fresh Fruit Salad	Apple Flapjack	Iced Sponge Cake with Custard	Sticky Toffee Pudding	Cheese & Crackers



Meat Free Monday

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