







Lunch Menu Week 1



w/c 23rd Feb	 Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	Chef choice	Chef choice	Chef choice	Chef choice	Chef choice
HOT MAINS	Tomato & Basil Pasta 	Wholemeal Spaghetti Bolognese with Salad and Garlic Bread	BBQ chicken wrap Rice	Curry and Rice	Fish Cake or Fish Fingers with Chips & Mushy Peas
	Pizza 	Vegetarian Sausage Toasties 	Cheese & Red Onion Quiche 	Spring Rolls 	Veggie Fingers with Chips & Mushy Peas 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad Yoghurt	Sponge Cake	Fruit Yoghurt	Biscuits	Ice Cream Cheese & Crackers



Meat Free Monday

Available Daily : Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt.

Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food Standards.



Vegetarian

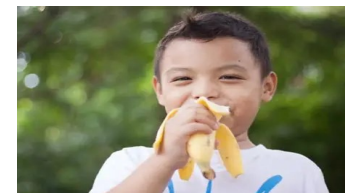







Vegan



Oily Fish

Lunch Menu Week 2



w/c 2nd March	 Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	Chef choice	Chef choice	Chef choice	Chef choice	Chef choice
HOT MAINS	Wholemeal Pizza with wedges & Beans	Meatballs Pasta	All day Breakfast	Rice and Chicken Curry	Fish Fingers with chips & Garden Peas 
	Vegetarian Chilli with Rice	Quorn Bolognese 	Roasted Red pepper Quiche with salad 	Noodles	Cheese on Toast 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Sponge cake & Custard	Fruit Cheese & Cracker	Fresh Fruit salad	Sponge cake	Ice Cream



Meat Free Monday

Available Daily : Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt.

Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food Standards.



Vegetarian













Vegan



Oily Fish

Lunch Menu Week 3



w/c 9th March	 Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	Chef choice	Chef choice	Chef choice	Chef choice	Chef choice
HOT MAINS	Quorn Mince Cottage Pie with Seasonal Veg 	Jewel's Chicken Karahi with Wholegrain Rice & Green Beans	Chicken nuggets and chips	Spaghetti Bolognese	Fish Fingers with chips & Garden Peas 
	Vegetarian Sausage Roll 	Noodles 	Chef Choice 	Homemade Tomato Sauce with Crusty Bread 	Veggie Sausage Roll with Chips & Garden Peas 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad 	Apple Flapjacks	Sponge Cake topped with Jam & Whipped cream	Shortbread Biscuits 	Ice Cream Cheese & Crackers



Meat Free Monday

Available Daily : Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt.

Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food Standards.



Vegetarian












Vegan



Oily Fish

Lunch Menu Week 4



w/c 16th March	 Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	Chef choice	Chef choice	Chef choice	Chef choice	Chef choice
HOT MAINS	Wholemeal pizza & wedges with Beans 	Chicken Curry & Rice	Meatball sub with Tortilla Chips & Salad	Chef Bonnie's Sunshine Pasta	Fish Fingers with Chips & Garden Peas 
	Cherry Tomato & Cheese Quiche with Salad 	Stir Fry Noodles 	Vegetable Paella 	Vegetable & Rice Enchiladas 	Veggie fingers with Chips & Garden Peas 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fruit Yoghurt	Ginger Biscuits 	Sponge Cake with Jam & Whipped Cream	Fruit Yoghurt	Ice cream



Meat Free Monday

Available Daily : Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt.

Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food Standards.



Vegetarian











Vegan



Oily Fish

Lunch Menu Week 5



w/c 23rd March	 Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	Chef choice	Chef choice	Chef choice	Chef choice	Chef choice
HOT MAINS	Tomato & Basil Pasta Pizza 	Homemade Chicken Korma with wholegrain Rice, Green Beans & Chutney	All Day Breakfast	Spaghetti Bolognese	Fish Fingers with Chips & Garden Peas
	Meat Free Burritos with Salad 	Stir Fry Noodles 	Veggie Breakfast 	Spanish Omelette with Salad 	Veggie Sausage Roll with Chips & Garden Peas 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad 	Apple Flapjacks	Iced Sponge Cake	Fruit Yoghurt	Cheese & Crackers Ice Cream



Meat Free Monday

Available Daily : Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt.

Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food Standards.



Vegetarian



Vegan



Oily Fish