



# St. Clare's Catholic Primary School & Nursery

Headteacher: Mrs E Mackenzie

Garmoye Close, Liverpool, L15 0DW

Tel: 0151 733 4318 Fax: 0151 735 0172

E-mail: [clares-ao@st-clares.liverpool.sch.uk](mailto:clares-ao@st-clares.liverpool.sch.uk)

Website: [www.mystclares.com](http://www.mystclares.com)

## Relationships and Sex and Education (RSE): Journey in Love

Dear Parents,

As you know, each year in school we follow the **Journey in Love** programme to deliver the Relationships and Sex Education (RSE) elements of our Personal, Social, Health and Economic (PSHE) curriculum. There is a key theme for each year and then three aspects; social and emotional, physical and spiritual. These would usually be covered over three lessons. *\*See attached sheet for more details.*

The programme is designed to help children from all backgrounds build positive and safe relationships by;

- Encouraging growth in self-respect, acknowledging we are all created in the image and likeness of God.
- Helping to develop an understanding that love is the central basis of relationships.
- Developing pupils' confidence in talking, listening and thinking about feelings and relationships.

In the past, parents have had the right to withdraw their children from these lessons; however, this is no longer the case. RSE is now part of the statutory curriculum therefore must be taught in school. The only exception would be for some of the Y6 content. As a parent/carer of a Y6 child, you have the right to withdraw your child from the session covering conception as this does not become statutory until Key Stage 3. In these circumstances you are required to inform the Y6 teacher Mrs. Jones in person, so that alternative arrangements can be made.

More information on the content of our RSE curriculum can be found on our school website.

If you have any other questions, please do not hesitate to ask either your child's class teacher or myself.

Yours sincerely,

Mrs E. Bowen  
PSHE/ RSE Co-ordinator

