PHSE additional themes 2024– 2025

These are themes that will be taught in addition to the PSHE & RSE lessons. * See additional doc for No Outsiders themes.

** It is recommended that each class also carry out a 1 minute **daily** mindfulness activity.

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders
Autumn 2	**Anti-Bullying Week WB 11th November** **Parliament Week WB 25th November**						
	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders
Spring 1	**Children's Mental health week WB 3rd February**						
	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders
Spring 2	**Internet Safety day 11th February**						
	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders
				Basic first aid	Basic first aid	Basic first aid	Basic first aid
Summer 1	Sun Safety	Sun Safety	Sun Safety	Sun Safety	Sun Safety	Sun Safety	Sun Safety
	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders
	Health and Fitness week WB 9th June **(Brake Kids walk – Road Safety 11th June)**						
	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders	No outsiders