

PSHE Curriculum Map

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	In EYFS PSHE requirements are covered sufficiently through the PSED area of development. EYFS will continue to take part in whole school focus weeks.					
REC						
Year 1	Physical health and wellbeing Fun times	Keeping safe and managing risk Feeling safe	Identity, society and equality Me and others	Drug, alcohol and tobacco education What do we put into our bodies?	Mental health and emotional wellbeing Feelings	Careers, financial capability and economic wellbeing My Money
Year 2	Physical health and wellbeing What keeps me healthy?	Mental health and emotional wellbeing Friendship	*Careers, financial capability and economic wellbeing <i>Money and Work – what money is.</i>	*Identity, society and equality <i>Respecting ourselves & others – Belonging to a community</i>	Keeping safe and managing risk Indoors and outdoors	Drug, alcohol and tobacco education Medicines and me
Year 3	Drug, alcohol and tobacco education Tobacco is a drug	Keeping safe and managing risk Bullying – see it, say it, stop it.	Mental health and emotional wellbeing Strengths and challenges	Identity, society and equality Celebrating difference	Careers, financial capability and economic wellbeing Saving, spending and budgeting	Physical health and wellbeing What helps me choose?
Year 4	Identity, society and equality Democracy	Drug, alcohol and tobacco education Making choices	Physical health and wellbeing What is important to me?	Keeping safe and managing risk Playing safe	*Mental health and emotional wellbeing <i>Feelings</i>	*Careers, financial capability and economic wellbeing
Year 5	Physical health and wellbeing In the media	Identity, society and equality Stereotypes, discrimination and prejudice (including tackling homophobia)	Keeping safe and managing risk When things go wrong	Mental health and emotional wellbeing Dealing with feelings	Drug, alcohol and tobacco education Different influences	Careers, financial capability and economic wellbeing Borrowing and earning money
Year 6	*Careers, financial capability and economic wellbeing <i>Money and work – influences and attributes</i>	*Physical health and wellbeing <i>Healthy teeth, physical health & healthy lifestyles.</i>	Drug, alcohol and tobacco education Weighing up risk	Identity, society and equality Human rights	Mental health and emotional wellbeing Healthy minds	Keeping safe and managing risk Keeping safe –out and about FGM

NB - Units with a * can be accessed directly from the PSHE Association. For all other units see the *You Me PSHE* scheme.