



St Clare's Catholic Primary School
Prayer Book

EYFS and Key Stage 1 – Daily Prayers

Sign of the cross

In the name of the Father, and of the Son and of the Holy Spirit. Amen

Start of the day

Good morning Lord,
we praise your Holy name
and thank you for giving us this lovely new day.

Amen

Prayers before lunch

Thank you for the world so sweet,
thank you for the food we eat.
Thank you for the birds that sing.
Thank you God for everything.

Amen

Prayers after lunch

Thank you for my dinner today
and the time I have had to play.
Help me to get busy soon,
and be good and kind all afternoon.

Amen

End of the day prayer

Now the day is over, we lift our hands and say,
thank you heavenly Father, for today.
We're sorry for the wrong things and glad about the right.
Keep us heavenly Father, in your love tonight.
Amen.

Key Stage 2

Sign of the cross

In the name of the Father, and of the Son and of the Holy Spirit. Amen

Start of the day

Dear Lord,

Thank you for our school family.

Help us start each day being the best we can be.

Help us all to love and care for each other.

Help us to always 'let our light shine' and do our best in every way.

Amen

Prayers before lunch

Bless us O' Lord, as we sit together.

Bless the food we eat today.

Bless the hands that made the food.

Amen.

Prayers after lunch

Thank you, God, for the food we have eaten.

Thank you, God, for our lunchtime helpers.

Thank you, God, for everything.

Amen.

End of the day prayer

God our Father, I come to say,

thank you for your love today.

Thank you for my family.

and all the friends you give to me.

Guard me in the dark of night

and in the morning send your light.

Amen.

Traditional Prayers to also be used

Start in Key Stage 1

The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy Name.

Thy Kingdom come, Thy Will be done, on earth as it is in Heaven.

Give us this day, our daily bread, and forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation but deliver us from evil.

Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee.

Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end.

Amen

To start in Year 3 and 4

The Apostles Creed

I believe I God,
the Father almighty
Creator of heaven and earth,
and in Jesus Christ, his only son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God
the Father almighty:
from there he will come to judge the living and the dead.
I believed in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the resurrection of the body,
and life everlasting.
Amen

The Act of Contrition

O my God, because you are so good,
I am sorry that I have sinned against you,
and by the help of Your grace,
I will not sin again.
Amen

Angel of God

Angel of God, my guardian dear,
To whom God's love commits me here,
Ever this day, be at my side, /
To light and guard, Rule and guide.
Amen.

Come Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love.
Send forth your Spirit and they shall be created.
And You shall renew the face of the earth
Amen

The Prayer of St Richard of Chichester

Thanks be to thee, my Lord Jesus Christ,
for all the benefits thou hast given me,
for all the pains and insults thou hast borne for me.
O most merciful redeemer, friend and brother,
may I know thee more clearly,
love thee more dearly,
and follow thee more nearly.
Amen.

To start in Year 5 and 6

The Rosary

The sign of the cross, Our Father, Hail Mary followed by the Glory Be.

The Magnificat

My soul glorifies the Lord,
my Spirit rejoices in God my Saviour.
He looks on his servant in her lowliness;
henceforth all generations will call me blessed.
The Almighty works marvels for me. Holy is his name!
His mercy is from age to age, on those who fear him.
He puts forth his arm in strength and scatters the proudhearted.
He casts the mighty from their thrones and raises the lowly.
He fills the starving with good things, sends the rich away empty.
He protects Israel, his servant, remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.
Amen

Act of Faith

O my God,
I firmly believe that you are one God in three divine Persons,
Father, Son, and Holy Spirit.
I believe that your divine Son became man and died for our sins
and that he will come to judge the living and the dead.
I believe these and all the truths which the Holy Catholic Church teaches
because you have revealed them who are eternal truth and wisdom,
who can neither deceive nor be deceived.
In this faith I intend to live and die.
Amen.

Act of Hope

O Lord God,
I hope by your grace for the pardon of all my sins
and after life here to gain eternal happiness
because you have promised it
who are infinitely powerful, faithful, kind, and merciful.
In this hope I intend to live and die.
Amen.

Act of Love

O Lord God,
I love you above all things
and I love my neighbour for your sake
because you are the highest, infinite and perfect good,
worthy of all my love.
In this love I intend to live and die.
Amen.