



## **Keeping Safe and Healthy Long Term Map**

	Autumn Term	Spring Term	Summer Term
Year 1	<p><b>CROSS CURRICULAR LINKS</b> Science: Senses</p> <p><b>E-SAFETY</b> (computing) <i>We are celebrating</i> – check copyright on images used</p> <p><b>PSHE</b> - Behaviour/Money</p> <ul style="list-style-type: none"> <li>• Rules</li> <li>• Respecting needs/playing co operatively</li> <li>• Keeping money safe</li> </ul> <p><b>RSE</b> - Families</p> <ul style="list-style-type: none"> <li>• <i>Physical</i> - Who is in my family/how are we different</li> <li>• <i>Social</i> – Sharing home research of growth &amp; development.</li> </ul> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>• Safeguarding staff meeting - all staff</li> <li>• Anti-bullying week</li> <li>• Fire Safety</li> <li>•</li> </ul>	<p><b>PSHE</b> - Keeping safe/Emotional health &amp; wellbeing</p> <ul style="list-style-type: none"> <li>• Household products/medicines</li> <li>• Rules for keeping safe</li> <li>• Asking for help</li> <li>• Feelings</li> </ul> <p><b>RSE</b> – Families</p> <ul style="list-style-type: none"> <li>• <i>Emotional</i> – Happy/sad times</li> <li>• <i>Intellectual</i> - Why do we need families?</li> </ul> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>• Online safety week</li> <li>• Children's Mental Health Week</li> <li>• World Internet safely day</li> <li>• E Safely staff meeting</li> <li>• National Autism day</li> </ul>	<p><b>E-SAFETY</b>(Computing) <i>We are chefs</i>: parental consent for video footage</p> <p><b>PSHE</b> –What makes us special? &amp; Sharing opinions</p> <ul style="list-style-type: none"> <li>• Showing respect to all</li> <li>• Sharing views and opinions</li> </ul> <p><b>RSE</b> – Families</p> <ul style="list-style-type: none"> <li>• <i>Spiritual</i> –Gods family</li> </ul> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>• Mindfulness May</li> <li>• Mental Health Awareness Week</li> <li>• Health &amp; Wellbeing week</li> <li>• Brake kids walk/Road safety focus</li> </ul>
Year 2	<p><b>PSHE</b> – Rules /Bullying</p> <ul style="list-style-type: none"> <li>• Looking after ourselves and the environment</li> <li>• Privacy</li> <li>• Keeping secrets</li> <li>• What is bullying and what to do if a victim of it</li> </ul> <p><b>RSE</b> – Community</p> <ul style="list-style-type: none"> <li>• <i>Physical</i> - What communities do I belong to</li> <li>• <i>Social</i> – What do we give/receive from our community.</li> </ul> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>• Safeguarding staff meeting - all staff</li> <li>• Anti-bullying week</li> <li>• Fire Safety</li> </ul>	<p><b>E-SAFETY</b> (Computing) <i>We are games testers</i>: - Check age restrictions &amp; ensure adblock filters are switched on. <i>We are researchers</i> – Do children know what to do if they encounter inappropriate material?</p> <p><b>PSHE</b> - Being healthy &amp; what's same/different about us?</p> <ul style="list-style-type: none"> <li>• Making healthy choices</li> <li>• Personal hygiene</li> <li>• Becoming more independent</li> <li>• Respecting similarities/differences between people/communities.</li> </ul> <p><b>RSE</b>– Community</p> <ul style="list-style-type: none"> <li>• <i>Emotional</i> - Developing feelings/emotions</li> <li>• <i>Intellectual</i> – Being alone</li> </ul> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>• Online safety week</li> <li>• World Internet safely day</li> <li>• E Safely staff meeting (All staff)</li> <li>• National Autism day</li> </ul>	<p><b>PSHE</b> – Feelings and keeping safe in different places</p> <ul style="list-style-type: none"> <li>• Managing feelings</li> <li>• Recognising/sharing feelings</li> <li>• Keeping safe in familiar/unfamiliar situations</li> <li>• Getting help in an emergency</li> </ul> <p><b>RSE</b>– Community</p> <ul style="list-style-type: none"> <li>• <i>Spiritual</i> – As children of god how should we treat each other?</li> </ul> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>• Mindfulness May</li> <li>• Mental Health Awareness Week</li> <li>• Health &amp; Wellbeing week</li> <li>• Brake kids walk/Road safety focus</li> </ul>

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Year 3	<p><b>E-SAFETY</b> (Computing) <i>We are opinion pollsters</i> – Anonymity and confidentiality</p> <p><b>PSHE</b> Rules and bullying</p> <ul style="list-style-type: none"> <li>• School rules/importance of health and safety.</li> <li>• Hygiene routines</li> <li>• Help in an emergency</li> <li>• Keeping secrets</li> <li>• What is bullying and when to ask for help</li> </ul> <p><b>RSE</b> How do we live in love? <i>Physical</i> – Who takes care of me?/taking care of myself <i>Social</i> – How do I keep myself safe/others safe?</p> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>• Safeguarding staff meeting - all staff</li> <li>• Anti-bullying week</li> <li>• Fire Safety</li> </ul>	<p><b>E-SAFETY</b> (computing) <i>We are Vloggers</i> – parent consent/parent brief</p> <p><b>PSHE</b> Responsibility and feelings</p> <ul style="list-style-type: none"> <li>• Rights and duties (home/school/environment)</li> <li>• Wider range of feelings in ourselves/others</li> <li>• Change in life (&amp; associated feelings)</li> <li>• Responding to feelings</li> </ul> <p><b>RSE</b> How do we live in love? <i>Emotional</i> – Friendships/being supportive <i>Intellectual</i> – Being alone/being lonely.</p> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>• Online safety week</li> <li>• World Internet safely day</li> <li>• Children's Mental Health Week</li> <li>• E Safely staff meeting (All staff)</li> <li>• National Autism day</li> </ul>	<p><b>PSHE</b> Eating well &amp; jobs</p> <ul style="list-style-type: none"> <li>• Balanced lifestyle</li> <li>• Healthy choices/influences</li> <li>• Stereotypes</li> <li>• Enterprising</li> <li>• Recognising achievements/setting targets</li> </ul> <p><b>RSE</b> How do we live in love? <i>Spiritual</i> – How can I forgive and include others?</p> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>• Mindfulness May</li> <li>• Mental Health Awareness Week</li> <li>• Health &amp; Wellbeing week</li> <li>• Brake kids walk/Road safety focus</li> </ul>
Year 4	<p><b>PSHE</b> Diversity &amp; being a good friend</p> <ul style="list-style-type: none"> <li>• Values &amp; customs of people around the world</li> <li>• stereotypes</li> <li>• identifying feelings and responding to them</li> <li>• resolving differences</li> </ul> <p><b>RSE</b> Differences <i>Physical</i> – different rates of development, naming body parts&amp; functions. Development of a baby in the womb. <i>Social</i> – Celebrating who I am. Accepting difference.</p> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>• Safeguarding staff meeting - all staff</li> <li>• Anti-bullying week</li> <li>• Fire Safety</li> </ul>	<p><b>CROSS CURRICULAR LINKS</b> Science – Electricity and Electrical Safety</p> <p><b>PSHE</b> How do we grow &amp; change? /Mental health focus</p> <ul style="list-style-type: none"> <li>• Managing emotions</li> <li>• Body changes</li> <li>• Health and wellbeing</li> <li>• Relationships</li> <li>• Everyday feelings/expressing feelings/managing feelings</li> </ul> <p><b>RSE</b> Differences <i>Emotional</i> – what makes me unique? Dealing with emotions. <i>Intellectual</i> – Identifying and dealing with feelings.</p> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>• Online safety week</li> <li>• World Internet safely day</li> <li>• E Safely staff meeting (All staff)</li> <li>• National Autism day</li> </ul>	<p><b>E-SAFETY</b> (computing) <i>We are meteorologists</i> - parental consent for video footage</p> <p><b>PSHE</b> Keeping safe in the local area</p> <ul style="list-style-type: none"> <li>• Managing risk</li> <li>• People who help them stay safe</li> <li>• Road safety</li> </ul> <p><b>RSE</b> Differences <i>Spiritual</i> - St Pauls teaching on love.</p> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>• Mindfulness May</li> <li>• Mental Health Awareness Week</li> <li>• Health &amp; Wellbeing week</li> <li>• Brake kids walk/Road safety focus</li> </ul>

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Year 5	<p><b>E-SAFETY</b> (Computing)  <i>We are bloggers</i> - ensure no personal identifying details are made public and comments are moderated before pupils see them. Discuss 'digital footprints' and what sort of information is safe to post beyond the school community. The class should also be briefed on how to respond appropriately to others' posts</p> <p><b>PSHE</b> Community/discrimination</p> <ul style="list-style-type: none"> <li>National, regional, religious &amp; ethnic identities</li> <li>Effect of discrimination on others</li> <li>Recognising and challenging stereotypes</li> </ul> <p><b>RSE</b> Puberty  <i>Physical/Intellectual</i> – Body changes  <i>Social/Emotional</i> – Behavioural changes</p> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>Safeguarding staff meeting - all staff</li> <li>Anti-bullying week</li> <li>Fire Safety</li> </ul>	<p><b>PSHE</b> Managing money/healthy choices</p> <ul style="list-style-type: none"> <li>Images in the media</li> <li>Balanced lifestyle</li> <li>Drugs in everyday life</li> </ul> <p><b>RSE</b> Puberty  <i>Social/Emotional</i> – sensitivity to changes, self &amp; others  <i>Intellectual</i> – Physical changes/potential to be parents.</p> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>Online safety week</li> <li>World Internet safety day</li> <li>Children's Mental Health Week</li> <li>E Safely staff meeting</li> <li>National Autism day</li> </ul>	<p><b>E-SAFETY</b> (computing)  <i>We are cryptographers</i> - password safety</p> <p><b>PSHE</b> Keeping safe online/keeping safe in the local area</p> <ul style="list-style-type: none"> <li>Using mobiles/social media</li> <li>Managing safely online</li> <li>Managing risk in familiar situations</li> <li>People who help keep them healthy and safe</li> </ul> <p><b>RSE</b> Puberty  <i>Spiritual</i> – Sharing/celebrating their understanding of change.</p> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>Mindfulness May</li> <li>Mental Health Awareness Week</li> <li>Health &amp; Wellbeing week</li> <li>Brake kids walk/Road safety focus</li> </ul>

<p>Year 6</p>	<p><b>E-SAFETY</b> (computing)  <i>We are adventure gamers</i> – Parental consent needed for Python interpreter</p> <p><b>PSHE</b> healthy relationships/mental health focus</p> <ul style="list-style-type: none"> <li>• Types of relationships</li> <li>• Managing challenges and change</li> <li>• Feelings and common anxieties when transitioning to secondary school</li> </ul> <p><b>RSE</b> – Sexuality  <i>Physical</i> – Conception  <i>Emotional</i> – What is love? Relationships.</p> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>• Safeguarding staff meeting - all staff</li> <li>• Anti-bullying week</li> <li>• Fire Safety</li> </ul>	<p><b>PSHE</b> Human rights/how can money affect us?</p> <ul style="list-style-type: none"> <li>• UN declaration of human rights of a child</li> <li>• Rights to protect their bodies.</li> <li>• Laws – FGM/forced marriage.</li> <li>• Money - debate issues concerning wellbeing</li> </ul> <p><b>RSE</b> – Sexuality  <i>Social</i> – Signs of love. Degrees of friendship  <i>Emotional</i> – Qualities of friendship</p> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>• Online safety week</li> <li>• World Internet safely day</li> <li>• Children's Mental Health Week</li> <li>• E Safely staff meeting (All staff)</li> <li>• National Autism day</li> </ul>	<p><b>E-SAFETY</b> (computing)  <i>We are network technicians</i> – Discuss the safety implications of internet communication, e.g. that data can be intercepted and read as it travels across the internet, and that links, or even domain names, don't always point to the computers they should.</p> <p><b>PSHE</b> Staying healthy and managing risks</p> <ul style="list-style-type: none"> <li>• Which,why and how commonly available substances and drugs can damage future health and safety.</li> <li>• Influences on behaviour</li> <li>• Antisocial behaviour</li> </ul> <p><b>RSE</b> - Sexuality  <i>Spiritual</i> - God causes new life</p> <p><b>WHOLE SCHOOL FOCUS</b></p> <ul style="list-style-type: none"> <li>• Mindfulness May</li> <li>• Mental Health Awareness Week</li> <li>• Health &amp; Wellbeing week Brake kids walk/Road safety focus</li> </ul>
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